

# FOOD MENU

@Nourish Cafe

## TOASTED BAGELS

Marmite / Jam / Marmalade	£4.20
Peanut Butter	£4.80
Peanut Butter & Jam / Cream Cheese	£5.00

## LUNCH

<b>Artisan Sausage Roll</b> With salad and pickle	£6.50
<b>Quiche of the day</b> with salad	£6.50
<b>Soup of the day</b> served with a toasted bagel	£6.80
<b>Side salad</b>	£ 1.60
<b>*New Yorker Bagel</b> Pastrami, Tomato, Gherkin, Mayo, Mustard	£7.50
<b>*Beef and Horseradish</b> Tomato, Rocket and Mayo	£7.50
<b>*Turkey Swiss</b> Tomato, Cucumber, Lettuce, Mayo, Swiss Cheese	£7.20
<b>*Avocado and Feta</b> Olives, Sweet Chilli Jam	£7.25

**\*Served with a side salad and crisps**

## CHILDREN

<b>Cornerstone Lunch Bag</b> Choice of sandwich , Pip Juice and a Cookie	£6.00
<b>Kids sandwich :</b> Ham, cheese, marmite, jam, hummus, cream cheese, peanut butter	£4.80
<b>Kids Pitta Platter</b> Picky platter of fresh veggie sticks, Pitta bread and Hummus	£4.80
<b>Cup Of Soup</b>	£4.00